

What Do I Ask My Doctor?

List your aesthetic goals for reconstruction in the spaces below. Remember, even if your goals seem unrealistic, your surgeon should address each of them.

- 1.
- 2.
- 3.
- 4.

After you have gone over your aesthetic goals, you can address these ten questions with your surgeon.

- 1. Which type of reconstruction am I the best candidate for?
- 2. What are the risks and benefits for that procedure?
- 3. Will this procedure meet my reconstructive goals?
- 4. How many surgeries are involved with this procedure?
- 5. What are the complications that can arise from this type of procedure? What are the rates of infection and other morbidities?
- 6. What are the lifetime maintenance requirements for this procedure?
- 7. How many times have you performed this procedure? How many failures have you had with this procedure?
- 8. Can I see before and after photos?
- 9. Do you have a former patient that I can talk to over the phone?
- 10. What are the next steps including insurance approvals and preparing for surgery?